

Lifeline

Welcome to the new year!A Newsletter from the Aiken Pregnancy Care Center

How to Help Your Kids Say "NO" To Sex.

Parental involvement is the single most critical factor affecting the sexual activity of teens. A study of 10,000 high school sophomores conducted by the U.S. Department of Education found that strong parental values and parental supervision has the most significant effect on teen sexual activity. Parents who had a close relationship with their teenage daughters and supervised their school work & activities were able to curb the likelihood that their daughters would become pregnant by 42%.

Dr. Stan Weed, director of the Institute for Research and Evaluation, has identified the 5 most influential factors which affect the sexual involvement of teenagers:

1. The child's value system (their sense of right & wrong)
2. Their social system (the influence of family & peers)
3. Related risk behaviors (drug & alcohol use, steady dating, skipping school)
4. Personality system (personal efficacy, risk taking, rebelliousness, need for acceptance, personal vulnerability)
5. Information (knowledge about sexuality, reproduction and contraception)

So, what can be done? Here are some faith based resources that can be used by parents and/or used in the churches ministry with parents and children

CONCORDIA SEX EDUCATION SERIES - Learning About Sex

In a positive, Christ-centered manner, The Learning About Sex series helps parents, pastors, teachers and doctors cultivate open and honest communication about sex, present accurate, age-appropriate information, and explain physiological and socio-psychological aspects of sex. The series includes a parent's handbook to help you deal sensitively with your children through all their stages of development.

Series is often available at local Christian bookstores or online (Concordia Sex Education Series)

CONTINUED ON PAGE 2

Are You A Prayer Warrior?

Your support and commitment to the Aiken Pregnancy Care Center is greatly appreciated. We realize the biggest need of the Center is prayer being lifted up to our loving Father. We would like to begin to put together an email list of believers willing to commit to pray on a regular basis and on as needed basis. If God is leading you to this ministry of prayer please send an email to robinking7@juno.com containing your current email address to be added to the list of prayer warriors. If you are a church liaison or church secretary please consider adding this request to your newsletter and/or bulletin. ♥

Reserve the Date!

What: Aiken Pregnancy Care Center's Annual Spring Banquet

When: April 20, 2005 from 7-9pm

Where: St. Mary's Help of Christians Catholic Banquet Center

Our Speaker will be: Alexia Newman, from Carolina Pregnancy Center in Spartanburg. She'll be speaking about abstinence.

The Meal will be provided by: New Holland Mennonite Church

Look in our next newsletter for more details... ♥

"NO" ... FROM PAGE 1

HOW TO HELP YOUR CHILD SAY "NO" TO SEXUAL PRESSURE By Josh McDowell

Beginning with a short discussion on the adolescent sexuality crises, this book explores the cause, and shows how to prevent your child from becoming a statistic of today's popular youth culture. There is also an 8 part video designed to help parents become more effective as the primary resource of sexual values for their children.

HOW TO TEACH YOUR CHILD ABOUT SEX

By Grace Ketterman

Ketterman offers a wholesome approach to raising sexually responsible, secure children.

SMART KIDS, STUPID CHOICES

By Kevin Leman

This book discusses peer pressures, friends, sex, drugs, dating, self-esteem and communications.

Parents please don't "just say no". As Christian parents we are to teach our children those things that are worth living for: marriage, family, love, sex, respect, true friendships, and our hope in Jesus Christ. Sex is one of the most complex and crucial issues they'll face and simplistic solutions just will not work. ♥

Thanks for RESPONDING!

In December, APCC put out a plea for funds to help cover our financial shortage in 2005. We asked for \$9,500 second mile gifts and as of the end of January we have received \$10,091.00. What a blessing! Your gifts have placed APCC on solid ground for the 1st quarter of 2006. Thank you. ♥

God always
provides
doesn't He?!?

**Local Church
Baby Bottle Campaigns
are a
HUGE SUCCESS!**



Since Thanksgiving eight APCC supporting churches have completed or are about to complete successful baby bottle campaigns.

They are listed as follows:

Lighthouse Baptist, Town Creek Baptist, Millbrook Baptist, Mt. Pleasant Baptist, Church at Williston, Levels Baptist, Winfield Heights, and Redds Branch Baptist! St. Paul's Lutheran Church women are sponsoring a year long baby bottle campaign. Several other churches have agreed to sponsor a campaign before Easter.

What a blessing these campaigns are for the APCC. Yes, they raise money for the Center, but more importantly an APCC baby bottle sitting on your table at home reminds you and your family to daily pray for our staff and volunteers. Now that's **PRAYER POWER!** ♥

**Parenting Classes for
Latino Parents**

Are you fluent in Spanish?

Do you also have a passion to help men and women learn ways to be a better parent?

APCC NEEDS YOUR HELP.

About 30 Spanish speaking mothers have completed APCC's prenatal classes. They are now ready to participate in a parenting class. We would like to offer that service to them. If you or someone you know can help, please call us at 642-3949 or email us at:

aikenpregnancy@bellsouth.net ♥

Importance of ABSTINENCE Education in our Churches

ETR is a private non-profit health education promotion organization. It provides information to help reduce sexual risk-taking behaviors. ETR's most recent statistics regarding ABSTINENCE are listed here.

Note: a teen's primary reason for staying pure is her religious values.

To what extent has abstinence accounted for the drop in the U.S. teen pregnancy rate?

Based on calculations by the Alan Guttmacher Institute (AGI), it appears that increased abstinence among women accounted for approximately one-quarter of the drop in the US teen pregnancy rate between 1995 and 1998.

How many teens are choosing not to have sex?

Based on the 1997 Youth Risk Behavior Surveillance (YRBS) data, over half (51.6%) of all students in grades 9 to 12 indicated that they had not yet had sex.

What is the main reason teenaged girls say they abstain from sex?

The primary reason teenaged girls who have never had intercourse give for abstaining from sex is that having sex would be against their religious or moral values.



Child Care Workers Needed

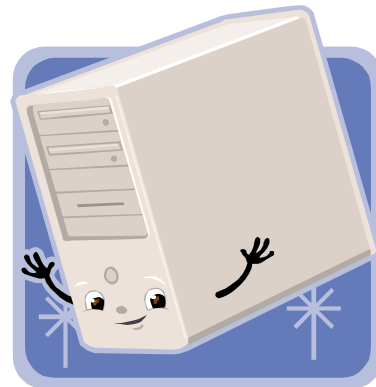
We are looking for Child Care Workers for our parenting classes Monday nights from 6:00 to 7:00. If you are at least 18 years of age, enjoy working with children, and would be willing to commit one or more Monday nights a month, please consider being a part of this important ministry. If you are interested, please contact Kelli Riley: 649-9890.

Pure Hearts Volunteer Needed

Our Pure Hearts Club working with girl 5th to 8th grade is seeking a Volunteer to take over planning and teaching. If you have a heart for young girls and are willing to commit your time to serving them one Saturday afternoon a month, please contact Kelli Riley: 649-9890.

Aiken Pregnancy Care Center Website Debut!

Come visit our new website April 1, 2006 at www.aikenpregnancy.org ! Information on our services and events such as the Spring Banquet will be featured.



Aiken Pregnancy Care Center
P.O. Box 3294
Aiken, SC 29802



NONPROFIT ORG.
U.S. Postage
PAID
Aiken, SC
Permit #57

“Committed to loving them both”

A CLIENT SPEAKS....

Attending pre-natal classes at the Aiken Pregnancy Care Center has helped me in many ways. The people at the Center are very kind and caring. They have helped me immensely throughout my pregnancy. They provided me with emotional support and also helped me learn more about my baby and important things I will need to know after he is born. Most importantly, they showed me there was a better alternative than abortion and although it would be hard. It will be worth it.

Fawn Wise

Due Date: March 06



Supportive Churches

Bethlehem Lutheran	Mt. Anna Baptist
Calvary Chapel	Mt. Beulah Baptist
Cedar Creek	Mt. Pleasant Baptist
Church at Williston	New Covenant Praise
First Baptist of Aiken	New Covenant Presbyterian
First Baptist of Bath	Providence Orthodox
First Baptist of Jackson	Redds Branch Baptist
First Baptist of Langley	River of Life
First Baptist of Vaucluse	Second Baptist Church
First Baptist of N Augusta	Shiloh Baptist
First Baptist of Langley	Solid Rock
First Presbyterian	S. Aiken Church of God
Foreman Memorial	Southwind Fellowship
Grace Brethren	St. Gerard's Catholic
Grace Presbyterian	St. John's United Methodist
Hagood Avenue Baptist	St. Mary's Catholic
Heights Baptist	St. Paul's Lutheran
Lakeside Baptist	Town Creek Baptist
Levels Baptist	Trinity United Methodist
Millbrook Baptist	Winfield Heights
Midland Valley First Church of the Nazarene	